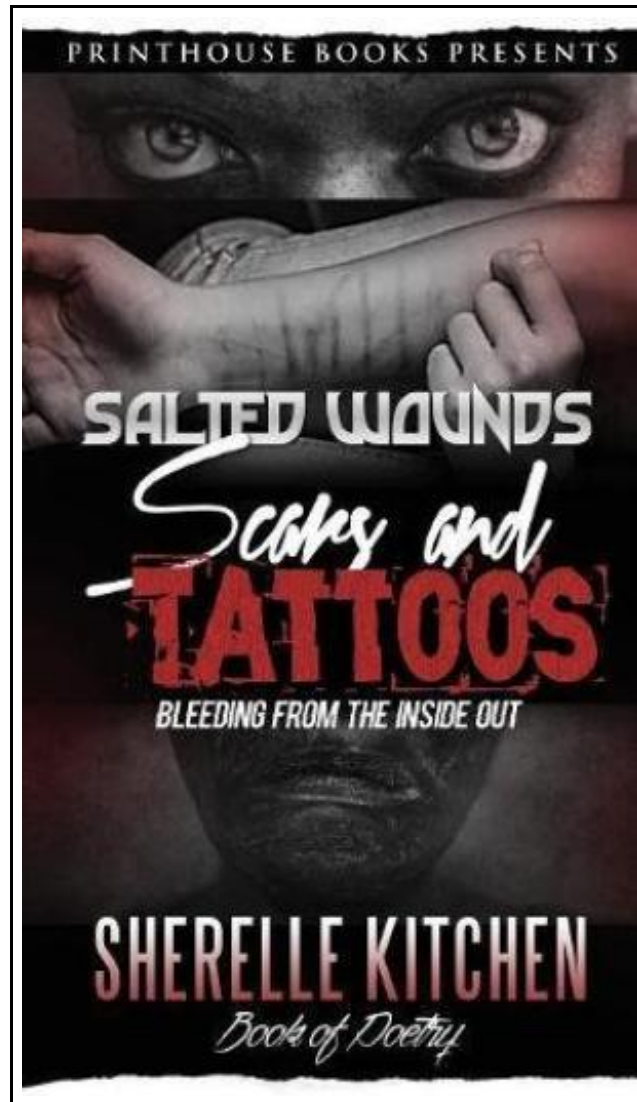


## Salted Wounds, Scars and Tattoos: Bleeding from the Inside Out (Paperback)



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### ***Reviews***

*Great e book and helpful one. It really is written in straightforward terms and not hard to understand. You can expect to like how the blogger wrote this book.  
(Hudson Christiansen)*


## SALTED WOUNDS, SCARS AND TATTOOS: BLEEDING FROM THE INSIDE OUT (PAPERBACK)



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VIP Ink Publishing Group, Inc. / Printhouse Books, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.When I read about mental illness in literature, the news media, or see it portrayed on television, or in movies, I m often quite disappointed. Psychiatric conditions are usually inaccurately represented. On television, I watch depressed and anxious characters be fixed in sudden cathartic moments, to live out the remainder of their lives free of the burdens of their previous sadness and worry. Obsessive-compulsive disorder is shorthand for a charming character perk, or worse, schizophrenia and bipolar disorder are used to describe an individual as being malicious. What appears lost in translation between those of us who treat the mentally ill and much of the general public is that most mental illness is not something that can be cured or fixed. The intention of most mental health treatment, be it psychiatric medications or psychotherapy, is largely to help individuals tolerate and accommodate their illness, so as to reduce the disruption to their lives. When I am in a clinical setting, and I am reviewing psychiatric history with both patients and their families, I find that bipolar disorder is often the most misused, misdiagnosed and frankly misunderstood illness. When a family member tells me that a relative has bipolar disorder, I can never take this at face value, because often they are using bipolar as shorthand for a volatile and disruptive person in their life. This is inaccurate. Bipolar disorder is actually two disorders, named simply bipolar I disorder and bipolar II disorder - this difference being largely the degree to which an individual has experienced a manic episode. Bipolar I disorder individuals have experienced manic episodes that include a period of time, usually days to weeks, in which...

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