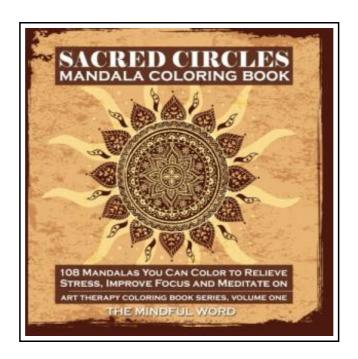
Sacred Circles Mandala Coloring Book: 108 Mandalas You Can Color to Relieve Stress, Improve Focus and Meditate on (Paperback)



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Reviews

A very amazing book with perfect and lucid answers. it absolutely was writtern quite flawlessly and useful. I am just easily will get a satisfaction of reading a created publication.

(Pearl Turcotte)

SACRED CIRCLES MANDALA COLORING BOOK: 108 MANDALAS YOU CAN COLOR TO RELIEVE STRESS, IMPROVE FOCUS AND MEDITATE ON (PAPERBACK)



Mindful Word, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ******. Sacred Circles Mandala Coloring Book features 108 mandalas for you to color (30 intricate full-page mandala designs and 78 smaller mandalas). The book also includes an introduction to art therapy, written by an art therapist, as well information on how to color mandalas and how to meditate on them. This adult coloring book features: 108 mandala designs (30 pages of single mandalas and 20 pages of multiple mandalas) Introduction to art therapy, written by an art therapist Info on how to color mandalas and how to meditate on them Printed on individual pages to reduce bleed through 8.5 x 8.5 inches 50 pound white-colored paper Perfect bound matte softcover Ten percent of the proceeds from the sale of this book goes towards enabling youth in developing countries to access better educational opportunities. This money is being donated to Build to Learn, an initiative started by The Mindful Word.

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