



Finding Sanctuary: Monastic Steps for Everyday Life

By Christopher Jamison

Orion Publishing Co. Paperback. Book Condition: new. BRAND NEW, Finding Sanctuary: Monastic Steps for Everyday Life, Christopher Jamison, Abbot Christopher Jamison, from BBC2's THE MONASTERY and new show THE SILENCE, suggests ways in which the teachings of St Benedict can be helpful in everyday life. Have you ever wondered why everybody these days seems so busy? In FINDING SANCTUARY, Father Christopher Jamison offers practical wisdom from the monastic tradition on how to build sanctuary into your life. No matter how hard you work, being too busy is not inevitable. Silence and contemplation are not just for monks and nuns, they are natural parts of life. Yet to keep hold of this truth in the rush of modern living you need the support of other people and sensible advice from wise guides. By learning to listen in new ways, people's lives can change and the abbot offers some monastic steps that help this transition to a more spiritual life. In the face of many easy assumptions about the irrelevance of religion today, Father Christopher makes religion accessible for those in search of life's meaning and offers a vision of the world's religions working together as a unique source of hope for...



Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

-- Cheyanne Barrows

The book is fantastic and great. I have go through and i also am certain that i will planning to read through once more once more down the road. Its been printed in an exceedingly simple way and is particularly simply after i finished reading through this publication through which really changed me, change the way i think.

-- Hank Powlowski

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Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How can inclusive early educators plan and deliver...



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DK Publishing (Dorling Kindersley). Paperback / softback. Book Condition: new. BRAND NEW, DK Readers L4: Danger on the Mountain: Scaling the World's Highest Peaks, Andrew Donkin, Linda Martin, From blizzards and glaciers on the world's highest peaks to the challenge of free...



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 \times 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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Barron's Educational Series Inc., U.S. Paperback. Book Condition: new. BRAND NEW, My Friend Has Down's Syndrome, Jennifer Moore-Mallinos, Younger children are normally puzzled when they encounter other kids who suffer from Down's Syndrome. Here is a heartwarming and reassuring story of how an...



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