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The Beginner's Guide to Fasting

By Elmer L Towns

Baker Publishing Group, United States, 2010. Paperback. Book Condition: New. 201 x 132 mm. Language: English . Brand New Book. God created the human body as a finely tuned instrument of enormous power, but it requires fuel to operate. To make sure that body gets enough fuel, God created in humans an appetite for food, which we call hunger. So why would anyone ever ignore hunger and choose not to eat? Going without food for spiritual reasons is called fasting, a spiritual discipline with a long and important history in Christianity. When accompanied by earnest prayer, fasting demonstrates a believer's sincerity to God. In *The Beginner's Guide to Fasting*, beloved teacher-theologian Elmer Towns introduces the basics to those who may have never fasted before and reviews the fundamentals for seasoned intercessors. Dr. Towns gives an overview of fasting from the Old and New Testaments and answers questions about fasting related to physical health, social interaction, spiritual warfare, and much more. *The Beginner's Guide to Fasting* is an essential handbook for all who long to draw closer to God through biblical spiritual disciplines.



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HarperCollins Publishers Inc, United States, 2014. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.A highly personal and moving true story of friend-ship and remembrance from the New York Times bestselling...



Soul Fire

Hachette Children s Group, United Kingdom, 2013. Paperback. Book Condition: New. 201 x 148 mm. Language: English . Brand New Book. Alice Forster regularly talks with her dead sister, Meggie, in the virtual world of Soul Beach - an online paradise where...



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Oxford University Press Inc, United States, 2003. Paperback. Book Condition: New. 4th Revised edition. 201 x 135 mm. Language: English . Brand New Book ***** Print on Demand *****.Harvey S. Wiener shows how parents can encourage their children to write with a...



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The Mystery at Big Ben

Gallopade International, United States, 2005. Paperback. Book Condition: New. 188 x 132 mm. Language: English . Brand New Book. Mimi and Papa speed away to London, England in their little red and white airplane, The Mystery Girl. Tagging along are grandchildren Christina,...



That Recoil of Nature

Charivari Press, Canada, 2011. Paperback. Book Condition: New. 202 x 132 mm. Language: English . Brand New Book. In 1598 a young Italian noblewoman named Beatrice Cenci murdered her abusive, rapist father. Her actions found many defenders but not the Romantic poet...